

Flashback of insanity
Flashback of reality
Flashback of insanity
destroy my life (4x)

And all the seven seas i'd sail, it keeps insanity away.
Feel my everlasting pain, avoid insanity today.

I ran a thousand miles away, it leads insanity astray..
Feel my everlasting pain, avoid insanity today...

avoid the insanity today
avoid the insanity today

Serenity belongs to you, it shines in your eyes..
the grasses are greener over there,
I'm not surprised

Insanity destroys my life, it's a fever in my veins.
Somehow i'm prisoner of myself, burnin' out again.

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