Back in the days when I was a teenager Before I had status and before I had a pager You could find the Abstract listening to hip hop My pops used to say, it reminded him of be-bop I said, well daddy don't you know that things go in cycles The way that Bobby Brown is just ampin like Michael Its all expected, things are for the looking If you got the money, Quest is for the booking Come on everybody, let's get with the fly modes Still got room on the truck, load the back boom Listen to the rhymes, to get a mental picture Of this black man, black woman venture Why do I say that, cuz I gotta speak the truth man Doing what we feel for the music is the proof and Planted on the ground, the act is so together Bonafied strong, you need leverage to sever The unit, yes, the unit, yes, the unit called the jazz is We deliver it each year on the street for the beat cuz You can find it on the rack in your record store(store) If you get the record, then your thoughts are adored and appreciated Cuz we're ever so glad we made it We work hard, so we gotta thank God Dishin out the plastic, do the dance till you spastic If you dis...it gets drastic Listen to the rhymes, cuz its time to make gravy If it moves your booty, then shake, shake it baby All the way to Africa a.k.a. The Motherland (uh) Stick out the left, then I'll ask for the other hand That's the right hand, Black Man (man) Only if you was noted as my man (man) If I get the credit, then I'll think I deserve it If you fake moves, don't fix your mouth to word it Get in the zone of positivity, not negativity Cuz we gotta strive for longevity If you botch up, what's in that (ass) (what?) A pair of Nikes, size ten-and-a-half (come on, come on)

We gotta make moves Never, ever, ever could we fake moves (come on, come on) (4x)

You gotta be a winner all the time Can't fall prey to a hip hop crime With the dope raps and dope tracks for you for blocks From the fly girlies to the hardest of the rocks Musically the Quest, is on the rise We on these Excursions so you must realize Hip hop continually, about the Zulu If you don't like it, get off the Zulu tip So what could you do in the times which exist You can't fake moves on your brother or your sis But if your sis is a (bitch), brother is a jerk Leave 'em both alone and continue with your work Whatever it may be into this society Everything is fair, at least that how it seems to me You must be honest and true to the next Don't be phony and expect one not to flex Especially if you rhyme, you have to live by the pen

Your man is your man, then treat him like your friend All it is, is the code of the streets
So listen to the knowledge being dropped over beats
Beats that are hard, beats that are funky
It could get you hooked like a crackhead junkie
What you gotta do to is know that the Tribe's in this sphere
The Abstract Poet, prominent like Shakespeare

We gotta make moves $\text{Never, ever, ever could we fake moves (come on, come on) } \dots$