Eyes as closed as can be
But still I can see
Pictures flashing by
Inside the lid of my eyes
There's no escape. No use to fight just wait.
As my mind keeps struggling to stay sane

This is how it feels Damn you! This is how it feels I hate you!

Insomnia, can't you see?
You will bring insanity
Insomnia, leave me be
Can't you see the chaos you feed?

Forget the dreams so sweet
They're all escaping me
Inside my head the world is
turning violently
Blood is boiling in my vein
Tourturing my brain
This restless feeling in my bones is slowly killing me

This is how it feels Damn you! This is how it feels I hate you!

Insomnia, can't you see?
You will bring insanity
Insomnia, leave me be
Can't you see the chaos you feed?

This mental chaos that's growing in my head Is draining me of life it's fucking eating me alive.

Insomnia, can't you see?
You will bring insanity
Insomnia, leave me be
Can't you see the chaos you feed?

Insomnia
I hate you!
From the bottom of my heart
I fucking hate you!