Don't try this at home sitting all alone Spending all your time being on your own Don't be on that phone with that dialling tone Calling on your friends cause their not alone Don't be on that phone its a danger zone Calling round pretending that your not not alone If your all alone you can call on me You can knock my door for some company If your all alone fundamentaly you ain't got nobody (Ali) Don't try this at home sitting all alone Spending all your time being on your own Don't try this at home or believe you me Everything ain't true you see on your tv Are they friend or foe or are they enemy If seeings believing i don't believe what I see (Katie) If your all alone you can call on me You can knock my door for some company If your all alone fundamentaly you ain't got nobody (Ali) Don't try this at home sitting all alone Spending all your time being on your own Don't try this at home As someone who knows Trying to get high Leads to lonely lows Its bad to de bone Its a no go zone You don't notice that It's as cold as stone (Katie) If your all alone you can call on me You can knock my door for some company If your all alone fundamentaly you ain't got nobody