Once you recognize the truth tell me what do you do? Addicted to the sickness its an actual fact, It's inside of me and its inside of you, All I know is I hope we're better than that. We try to lend a hand, to help our fellow man, But what is sai d and done, its all about number one, We cooperate enough to s tay alive, It's inside of me and its inside of you, And the d evotion to the trinity of me, myself and I. Once you recogniz e the truth tell me what do you do? Addicted to the sickness i ts an actual fact, All I know is I hope we're better than that So I went to get a hammer to break his knees, I remember o nce this guy, made my girl cry, Nothing came of it, except jus t macho bullshit, Or expression of the symptoms of the naked a pe's diease. And the nightmare keeps repeating, While the co nsciences are sleeping, Untroubled and unclean. This cool gir 1 that I know went and had a baby, she lets me hold the kid a while, An amazing leap of faith, And when I see them, and I w atch the baby smile, I thought i'd outgrown hope, But what I see there gives me reason. Once you recognize the truth tell me what do you do? It's inside of me and its inside of you, A ll I know is I hope we're better than that, Addicted to the si ckness its an actual fact, All I know is I hope we're better than that, Oh we're better than that, Oh we're better than t hat, All I know is I hope we're better than that.