Listen now what I say, I'll be coming round your way But I'm gonna take my time, yes I'm gonna take my time Hear the rasta man shout, there's too much rushing about So I'm gonna take my time

Listen now what I say. I can do it anyway
But I'm gonna take my time. yes, I'm gonna take my time
It does my mind confound, with all this rushing around
So I'm gonna take my time

Once I was a man who's on the move (oh yeah)
Nowadays when I can I want to to groove (oh yeah)
So if you're a fast train, cocaine, you will fry your brain
All this rushing about is gonna drive a man insane (drive me in sane now)

Once I was a man who's on the move (oh yeah)

Nowadays when I can I want to to groove (oh yeah)

So if you're a fast train, cocaine, you will fry your brain

All this rushing about is gonna drive a man insane (drive me in sane one more time)

Once I was a man who's on the move (oh yeah)
Nowadays when I can I want to to groove (oh yeah)
So if you're a fast train, cocaine, you will fry your brain
All this rushing about is gonna drive a man insane (drive me in sane).