

Been kicked around so long  
You're starting to get used to how it feels  
The taste of blood that's in your mouth  
There's still somehow it always heals  
Don't know how you keep on getting up  
From all those ghostly blows  
And all that pain that lingers  
Deep down in the darkness where it grows

I know how hard it is  
To keep your head up kid  
To keep your head up  
Kid

And there you sit on high  
All tucked away and locked up in the clouds  
Waiting for someone to finally  
Come along and take you out  
Into this bitter world  
That also often treated you so cruel  
When they turn away  
You know that they will say that you're a fool

I know how hard it is  
To keep your head up kid  
I know how hard it is  
To keep your head up kid

And so patiently  
You waited for a love to come along  
Take you out into this bitter world  
So often done you wrong  
There you sit alone  
And there you shed a solitary tear  
Listening to a song  
You think that no one else would ever hear

I know how hard it is  
To keep your head up kid  
I know hard it is  
To keep your head up  
Keep your head up  
Keep your head up  
Keep your head up  
Keep your head up