Thinking all night, thinking all day About how used to be before I'm thinking about her, thinking about me Always going after more But she's gone, I get some rest above me shutting doors Thinking all night, thinking all day About how used to be before Chains 'round my neck Not falling back Won't let you break me down And I've figured out I'm better than I've been before I am rising high I'm stronger than I've been before 'Cause I'm not afraid to be alone And I, I'm breathing on my own I say I am rising high I'm stronger than I've been before Not picking up sticks, I'm picking up stones One more but getting less Some may come and some may go I'm done feeling like a mess She was a broken girl Who always let the pieces fall I'm thinking about her, I'm thinking about me Together we are beautiful Chains 'round my neck Not falling back Won't let you break me down And I've figured out I'm better than I've been before I am rising high I'm stronger than I've been before 'Cause I'm not afraid to be alone And I, I'm breathing on my own I say I am rising high I'm stronger than I've been before Let go, it's now or never Won't stay in chains forever I'm rising higher I'm getting stronger (And I've figured out) I'm better than I've been before

(I'm better than I've been, better than I've been)

I am rising high

 $I\,\hbox{'m stronger than I've been before}\\$

'Cause I'm not afraid to be alone And I, I'm breathing on my own I say I am rising high I'm stronger than I've been before

Thinking all night, thinking all day About how used to be before