Throught each life time - run rivers to cross
What if there's no life line and you're sinking or lost
Just believe in your direction, let your heart explore
'Cause you can't reach new horizons standing on the shore.

There are mountains - we need to climb

But the mountains standing in the way are only in our minds

And the risk of all so just listen to the voice that says

I'll catch you if you fall.

On the other side of doubt is faith
On the other side of pain lies strength
The journey may seem endless and you know the road is rough
But on the other side of fear is love.

For such a long time I put my dreams aside
The tides of change felt dangerous
The mountains seemed too high
But my dreams were slowly fading as time went quickly by
So I held me breath with every step never knowing I would find.

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