

## In an Instant

Armored Saint

Carpe diem, seize the moment  
Era fleeting keep on breathing

The fragility of life  
Curve balls fall from out of the sky  
And as you stare and ponder why  
It accelerates then passes you by

If in an instant it turns south  
Can't retract what flew out of your mouth

Do you give all  
Grab life by the balls  
Or bathe in fear  
Voices you can't really hear  
It comes testing of your will  
Is your spirit made of steel

The fragility of time  
There's no clear reason no sure rhyme  
Although everything appears fine  
It can drive the strongest  
Out of their minds

And in an instant it turns south  
Pinned to the mat and now you're out

Missed the boat with the red flag waving  
Rhetoric seeped in and scathing  
Sorry for always saying sorry  
Way too much or never enough

Fist to the jaw and your knocked out  
Although you're down, got to reborn

Do you give all  
Grab life by the balls  
Or drown in fear  
Voices you can't really hear  
It comes testing or your will  
Is your spirit strong as steel

The fragility of life  
It can change with the blink of an eye  
And as you gaze and wonder why  
It accelerates then passes you by  
Don't let it pass you by

When in an instant it turns south  
True to yourself you can't  
Ever doubt yeah

Even if your head is spinning  
Even if your head is reeling