

## Spirit Breaker

August Burns Red

Staring at the walls to pass the time  
(Pinch myself, make sure I'm still alive)  
I'm not alright, it's become a disguise  
(Friends and family, I'm losing ties)  
Staring at the walls to pass the time  
(Pinch myself, make sure I'm still alive)  
(I've been here before)  
I will survive (another month under gray skies)

I'm holding on as tight as I can  
The monotony never seems to end

Every day feels the same  
Every day I think about, the place I'd rather be than here

I've been here before  
I will survive another month under these gray skies  
I've been here before  
I will survive another month under these gray skies

We've carried each other, through and over the seas  
Over seas

We live for nights like this  
The ones we wpn't forget  
Forever remember  
We live for nights like this  
The ones we won't forget  
Forever remember

I hope to open my eyes, to see this picture  
I'm throwing it all away  
I hope to open my eyes, to see this moment  
That I should treasure forever

Staring at the walls to pass the time  
(Pinch myself, make sure I'm still alive)  
I'm not alright, it's become a disguise  
(Friends and family, I'm losing all ties)  
I'm holding on as tight as I can  
(Coming home, I don't know when)  
I'm holding on as tight as I can, I swear

My dearest love, I woke up tired today  
Even more so than yesterday  
How that's possible, I don't know  
Nor do I want to  
It's hard to find motivation when you're this drained  
My body aches, but I'm used to feeling this way  
Seventeen down, seventeen to go  
That's not so bad, right?  
I think of home often, and of you even more  
Yesterday I saw the sun shining  
It appeared for a few minutes, just after two  
For a moment I found myself smiling  
As if those short rays of light were enough to get me by  
Maybe that was enough

Thank God, I needed that

For a moment I found myself smiling

As if those short rays of light were enough to get me by

Maybe that was enough

Thank God, I surely needed that

I surely needed that

Thank God, I surely needed that