## In My Blood

## **Bars and Melody**

Help me, it's like the walls are caving in Sometimes I feel like giving up But I just can't It isn't in my blood

Laying on the bathroom floor, feeling nothing I'm overwhelmed and insecure, give me something I could take to ease my mind slowly Just have a drink and you'll feel better Just take her home and you'll feel better Keep telling me that it gets better Does it ever?

Help me, it's like the walls are caving in Sometimes I feel like giving up No medicine is strong enough Help me I'm crawling in my skin Sometimes I feel I'm giving up But I just can't

It isn't in my blood It isn't in my blood

I'm looking through my phone again feeling anxious Afraid to be alone again, I hate this I'm trying to find a way to chill, can't breathe, oh Is there somebody who could...

Help me, it's like the walls are caving in Sometimes I feel like giving up No medicine is strong enough Someone help me I'm crawling in my skin Sometimes I feel like giving up But I just can't

It isn't in my blood It isn't in my blood

I need somebody now I need somebody now Someone to help me out I need somebody now

Help me, it's like the walls are caving in Sometimes I feel like giving up But I just can't

It isn't in my blood It isn't in my blood

It isn't in my blood I need somebody now It isn't in my blood I need somebody now Itstens pisnight akyrdbiood