

## Stress

## Believer

What's the use of worrying  
What good does it do?  
Will it add a single day  
To your life?

PANIC - no more  
WORRY - about what?  
STRESSING - no need  
When you HAVE THE LORD

Constant troubles of your mind  
Past, present, future time  
Problems building up inside  
Leave it all behind

Rid yourself of needless tension  
Lay your burdens on the Lord  
He will give you strength you need  
If you'll believe His Word