Have you ever caught a glimpse of your reflection in the mirror And wondered if the person that you saw was even you Everyone applauding, it's the perfect presentation Nobody would ever have a clue

Have you ever closed your eyes and tried to listen to your heartbeat It takes you to a place that seems so vast you can't ignore And all they ever see is only part of the equation Don't they realize you're so much more

There's a universe inside
Which no one else can see
A world inside
Where I'm alone with me
You can spend a lifetime looking deep in someone's eyes
And never see the universe inside

We live our lives unscreened, we pass like strangers undetected Buying things we do not need to cure a sickness we don't have And underneath it all there lies a beauty unsuspected Revealed for just a moment when we laugh

I'm scared to show what's underneath, I cover it with makeup Bravery, bravado and the need to be the best If I showed them what I'm hiding would I handle the rejection Stepping to the light that I possess

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And as we walk each other home
The terror of the great unknown
Just wish that we could see each other shining
That we would never have to be afraid of nightmares or our dreams
And if you want me you know where to find me

In the universe inside
'Cause you must have one too
A world inside
That no one ever knew
I wish I'd noticed but I never took the time
To look beyond the surface and finally see the universe inside
You
Inside
You

Have you ever caught a glimpse of your reflection in the mirror And wondered if the person that you saw was even you Everyone applauding, it's the perfect presentation Nobody would ever have a clue

There's a universe inside That no one ever sees

A world inside Where I'm alone with me I hope that someday someone looks inside my eyes And finally sees the universe inside