Surfing channels
Trying to fool my feelings
It's like they're still resisting
Those little demons
Trying to leave it
But they keep on playing over again

These 4 walls share my conversations
Wish I could tell someone
But my voice keeps breaking
So ashamed you're still living rent free in my brain... in my b
rain

I'm saying
I can't move on... stumbling 'round
Hanging on... but going down...
No man's... no man's land

People say
Keep your head up
Watch the sun rising
Everybody has big advice for me
But all I wanna know is
What the hell went wrong... oh what went wrong

But I will rise to start again I have no doubt
But I just don't know when
Sometimes I can change anything
But then again...