Mama, I understand your many sleepless nights When you sit and you think about Father Or how you tried to be the perfect wife

You used to dress and fix your hair
Then you smiled through your tears
In the mirror you would stare
And say a prayer
Like, "I wish he said I'm beautiful
I wish it didn't hurt at all
I don't know how I got here
I was once the one who had his heart

Until you had enough then you took that ring off
You took that ring off
So tired of the lies and trying, fighting, crying
Took that ring off
Oh, now the fun begins
Dust yourself off and you love again
You found a new man now you shine and you're fine
Like it's my time, you took that ring off

Mama (so sexy), you live and learn, that's just the way life goes (Uh, you a killer, you a killer, killer)
Always know that you've got a daughter
That's so, so proud you took the high road
(You a killer, so sexy)

You used to dress and fix your hair
Then you smiled through your tears
In the mirror you would stare
And say a prayer
Like, "I wish he said I'm beautiful
I wish it didn't hurt at all
I don't know how I got here
I was once the one who had his heart

Until you had enough then you took that ring off
You took that ring off
So tired of the lies and trying, fighting, crying
Took that ring off
Oh, now the fun begins
Dust yourself off and you love again
You found a new man now you shine and you're fine
Like it's my time, you took that ring off

After all your tears
After all that pain's all clear
Mama, after all them years
We can start all over again
Mama, and now it all makes sense
Letting go is never the end
Mama, we can love again
This is where freedom begins

Mama, so put your love on top You gon' shine and put your love on top It's your time to put your love on top
Everybody put your love on top
Aye, love on top
Aye, love on top
It's your time to put your love on top
Girl you so fine, put your love on top

If you're going through it, just know it's called "going through it" You're not gonna get stuck there, you're not gonna die You're gonna survive