Panic Attack

Biohazard

Which way to turn, is there any way out? Inside my mind I scream and shout Terrible anguish, what's happening to me? Somebody please set my soul free Dug induced or maybe insane What the fuck is wrong with my brain? Only grows stronger, pain it grows bigger Somebody please pull the damn trigger Anxiety, the panic attack Any way for me to get back Heart is racing, mind is a blur Cold sweat, palpitations occur

Discontent with life

Get this monkey of my back Anxiety, the panic attack Someone to talk or maybe a friend Only draws nearer the ominous end Heart racing faster, just might explode It's all in my head, that's what I'm told Consummate professional curing my ills, Stop wasting my time with those dumb little pills Who can I cry to? I turn here and there Tears on my pillow, I rip out my hair Lost count of the girls Still I'm not sane or content with this world Discontent with life Discontent with life