Stop what you're doing
I don't think it's becoming of you
To treat your friends like that
And all you've been saying
Man it's driving me right up the wall
I don't think I'm down with that

And what you gonna say when you're alone
And where are gonna turn when there aint nowhere left to go
Well I think
This is a condition
That you're living in
You've been living in
And this is a condition
That you're living in
And you won't win so
Turn it off and start it up again

And now you're just fading
You're not quite the person that you were
Back then when we'd hang out
And man you've been changing
I don't think I even recognize
This person you are now

And I don't mean for this to bring you down
I'd like to think you'd hear this song and turn it all around
But I know
This is a condition
That you're living in
You've been living in
And this is a condition
That you're living in
And you won't win so
Turn it off and start it up again
Start it up again
Start it up again
Start it up again

It takes a sea of change
That I cannot explain
I can't wait for it to come
Cause you'll just end up numb to it