I don't really understand

Why I'm feeling so disappointed with the images inside my head. They enter so undetected.

But I'd never hurt a single soul.

My pulse is beating even faster when your words speak so bold. I am learning not to speak, yet to listen.

I am learning that if I choose to speak at all, speak easy.

I'm coming to the conclusion that healing works best throught s ilent bruising.

So just be patient for all you're losing.

Love is patient, love is kind.