Hey, hey old bean and you to baby sweetness Yeah, this is Pops, and I'm back in the studio And I didn't have to break in this time I'm back as a special guest by special request And I want to thank my son for loaning me this microphone once again They may have to wrestle to get it back You know, as a result of my son common touring the world Pops has acquired a wonderful extended family from around the globe He has returned with positive messages to my earlobes From all my children From Mexico, Brazil, Italy, Japan And of course in the motherland Even in the orient, they know what I meant Nanaan, tanaan, tinaan, hanchinaan So I didn't come in here to give any shouts out I came to give praise and honor and to identify my children Who've been saying and doing the right things You know they sat on those nines of 1999 And kept them from turning upside down And teaching the babies to love, to be able to give love And to enter the new century with their own prophecy The century of amends You see I deal with the premise that all children are ours And that we all travel the same path It's just that we don't get there at the same time See you next lifetime, see you next lifetime And to my children running around here Talking about how nice is they ice That they've already paid for twice What karat is they gold That was yours before you were done in the hole Or that crew from 1629, buy some land Think agriculture, beat that neighborhood Which you claim you love so dear Are you mankind or what kind of a man? See, Pops is straight out of the garden From when the world was starting brand new Hip-hop, hip-hop, the language of the underground railroad In it's purest form Yeah true hip-hop is just like the underground railroad If the message is not for you It can sit on your nose and your brain remain froze So when you see me traveling on a spiritual high I'm flying high with Cee-Lo Or maybe watching my long's heart dancing to a De La flow Everybody knows there's no fruit on the tree without the roots And Black Star said we are what we are The Knowledge Of Self Determination and my little homie KG Up there in Minnesota milking 10, 000 lakes Keep the heat on em', we got to be kind to the growing mind So if your heart is real You will hear Big Will and Ms. Lauryn Hill If your love is true, you will hear Baduism And you can't go right until you go left And get some ingredients from the music chef Jazzy Jeff Children, I've traveled this globe, north to south, east to west And whenever my soul appears lost

I turn to the musical stylings of a Tribe Called Quest

Okay, we ready to get out of here
We ready to take it home now
Just so everybody knows
When Pops get ready to say something good
I mean when it's time for me to lay it on the wood
And it ain't no time for no shecky, shecky
That's when I call on a black girl named Betty
Y'all looking for the only truth and it doesn't even exist
I just come to give love and peace and honor to all my children