Nothing to say? Then shut your face

Do you get the picture? Don't like what you see?

Look the other way, do you get the picture?

I'm sick of hearing complaining when nobody's creating

You want something better? Then you've got to make an effort, b ecause nobody else cares less

Want some respect? Look to yourself

Do you get the picture? Don't like who you are? Then change I'm tired of hearing escapism excuses, try putting yourself to better usage

You've got to be top class, dignified. Got to stay sharp, in to uch, motified

Feeling yourself starting to stagnate? Better get up off your k nees before it's too late

Get back on top, fulfil your life, not enough to simply stay al ive

If you've got an idea put it forward, don't keep it in the back of your mind

Don't fret yourself about criticism, sometimes you have got to be cruel to be kind

Go on, make it, look in the mirror, do you see a person that's framed

(Trapped)

It's up to you and only you, get the picture? You're the only p erson to blame

Don't get indignant with me boy, I'll give you something to cry for

You see these hands; they look so soft they are ready and willing when it all goes off

No, don't get indulgent with me boy, knock self-

importance on the head

Don't sit there moaning, there's nothing I can do, just start t hinking instead

It's simple, when it rains we get wet, when it's sunny we get h ot,

sometimes I wonder if that's all we've got

Don't get depressed, never give in; even when down, remember we can win

You know, he knows, she knows, I know, they know, we all know, fucks knows... and so

Don't get cynical with me girl, I'll give you something to cry for

You see these hands, they're so soft, they find the target when the lights go off

You don't get cynical with me boy, don't tell me life can be ba

I don't need that shit shoved in my face; I like to believe we can make a stand

But we are so small and it's so big
It tells us what to do, tells us what to think
If we don't stand a chance may as well be dead
Forward our intentions, re-create instead. Come on! Come on!