

Maintain

Dave Matthews

Maintain
Maintain
Gonna maintain
Maintain your attitude
Come on

Maintain your attitude
Even when they're mad at you
Don't lose your gratitude
When they're throwin' crap at you
And when they're acting like the enemy
Don't lose your integrity
Sometimes it's better to just let it be
Instead of adding to negative energy
Keep your head high, use love as your weaponry
No, brother, you're not settin' me off
Or gettin' me lost, I'm focused
Even at my most hopeless, I maintain
I maintain
Maintain
You gotta maintain your attitude

Maintain your attitude
Even when they're mad at you
Don't lose your gratitude
When they're throwin' crap at you
And when they're acting like the enemy
Don't lose your integrity
Sometimes it's better to just let it be
Instead of adding to negative energy
Keep your head high, use love as your weaponry
No, brother, you're not settin' me off
Or gettin' me lost, I'm focused
Even at my most hopeless, I maintain
Maintain
Maintain

Maintain your mental state
Keep your focal point center stage
In the here and now, in the present moment
Where it's meant to stay
Ventilate your pent-up rage, release it
And authenticate it, clearing out your tray
To make some space for what you're meant to say
Making fear disintegrate, integratin' brain and heart
Patchwork, sawin' all the sections up that came apart
It's coldest when winter breaks
Maintain through the winds of change
Fire up, inspire up that [?] Centigrade

And maintain your attitude
Even when they're mad at you
Don't lose your gratitude
When they're throwin' crap at you
And when they're acting like the enemy
Don't lose your integrity
Sometimes it's better to just let it be

Instead of adding to negative energy
Keep your head high, use love as your weaponry
No, brother, you're not settin' me off
Or gettin' me lost, I'm focused
Even at my most hopeless, I maintain
Maintain, through the winds of change
We maintain
Maintain
Maintain
Maintain through the winds of change, come on

Maintain your attitude
Your attitude
Maintain your attitude
Your gratitude
Longitude to latitude
Your attitude
Maintain your attitude
Your gratitude
Maintain your attitude
Maintain

Maintain, keep your head up
Don't get fed up
Never give up, get up
Maintain, you can do it
What you're doin'
Is pursuing your main dream
Maintain, keep your head up
Never give up

Maintain, you can do it
Once you do it
Just pursue it
Yeah maintain
Maintain, keep your head up
Don't get fed up
Never give up, get up
Maintain, you can do it