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And we survived,
through life and death,
Unanswered questions,
a night I can't forget.
The horror, the sorrow,
the shame, all trapped inside,
When someone shoots all the lights,
I see you when I close my eyes,
All the things I want to change I hide,
no longer running from my fears,
Shedding my skin,
not just shedding tears,
and no I know I must forget.
And now I know I must forget regret.
Life and death,
this is killing me,
I can't forget,
this is eating me alive,
Trapped inside,
this is burning from inside,
close my eyes.
All the things that hold us back from moving on,
We strike this match;
this torch will lead us out of the dark,
Into light of fire we find our spark,
we carry on, face the day.
For the rest of my life I'll find my way out of this prison,
We learn from the past, we live to fight, we live to fight!
And now I know I must forget,
And now I know I must forget regret.
Life and death,
this is killing me,
I can't forget,
this is eating me alive,
Trapped inside,
this is burning from inside,
close my eyes.
I can't bring back this life;
I can't bring back this life.
I can't bring back this life:
forget regret!
Life and death,
this is killing me,
I can't forget,
this is eating me alive,
Trapped inside,
this is burning from inside,
close my eyes.
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