Follow sheep and move along Come on kids lets sing along Do you realize what I'm saying? Do you believe a word I sing? Here's the proof just look around The reality surrounds me And I can see it in your eyes I can see you're full of, full of lies All these wasted words I spill my guts for you We lay it all on the line We do it night after night Ideas go unheard With every breath I spew We lay it all on the line We do it night after night We lay it all With every word it makes me sick I hope they hit you like a ton of bricks And the reality surrounds you Open up your eyes Can't you see the lies? Religion, the hatred, the money they're making Take your life back Then you'll fight back When you see the wrong Then you'll be the song.