I used to worry about typical things
They never kept me up at night
They never took the wind right out of me
And brought me to my knees
I used to worry 'bout typical things

I never bowed my head
I didn't see the use
But now you're miles away from me
And if I had to
I know there's nothing I can do
No matter how badly I wanted to

God forbid
You and I
Ever find better words to describe
How we can't
Run and hide
From the fear in the back of our minds
Though I do not believe in him
I still say God forbid

When it's too frightening to name
And you can't imagine how
You could ever get out of bed again
And carry on somehow
Something you cannot say out loud
But it's all you think about

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