yo! whats goin on, out there! we're putting it down down low (hit'em low!) follow me, into a midnight storm wicked as i kick it, to keep your body warm here come the skills that processed leader at the top of the hill, so i'll guess i'll kick a long life faible, and make sure your heart stay on stable back when i was young, let's say sixteen, plaing ball, running the walls was the every day routine, i got approached by a guy named ken and this is how the story begins, to the end he showed me the keys, asked when will we leave i got important things to show you if you'll be strong to believe i said yes and yes meant to the crime the memory winds so vivid in my mind journey off as we run away, begin of the tale that happended back in yesterday! let me take you back, to when it was all good growing up so innocently in the hood oh, i wish that i could bring back the good old days so i pray for yesterday back in yesterday the scene, bring it back down low, taking it slow from the hip hop pro's,? quick is life? why not take advantage, do the damage, if they move (huh!), call an ambulance, the re gonna be murdering, call the squad, and if you don't do it, then i'll do the job! this point i'm standing there shaking, can't believe the mistake that i'm truely making he took the 45 straight against the dome,? give me all your money now, and then i'm gone?. as i see peoble getting down on their knees, i feel? thump-thump? in my chest, i can't breathe and that's when? freeze? came from the mouth of the cop, and that's when Ken fired off his first shot me i jumped and got away, but ken got shot, by the cop, back in yesterday! let me take you back, to when it was all good growing up so innocently in the hood oh, i wish that i could bring back the good old days so i pray for yesterday before we end this song, here at down low we like to say one thing learn from your mistakes of the past, learn from the mistakes of yesterday. take control of your future you make the choice (its your decision) down low and we're out...