Let's take the train, pretend nobody's listening
They don't want anyone else to find out the real thing
What's the real thing?
Where do you go when you're lying there dreaming?
I tried protecting you, but you know everything now
Who do you care about?
Let 'em hear you say

Throw me your regrets

Give me a second with them

Dissolve 'em into threads

Toss 'em out, they're never coming back again

(Toss 'em out, they're never coming back again)

Let's go some place that no one knows about
We'll find somewhere that you can scream and get it out
Then you can hear me out
'Cause there's a truth in it
I know you're scared of ending up like this
I know it's true, we all go through our shit, but hey
It's a brand new day, so

Throw me your regrets
Give me a second with them
Dissolve 'em into threads
Toss 'em out, they're never coming back again
Give me nothing less
I wanna see everything
Dissolve into the ether
Let me save your life again

So tell me what you're thinking While you're staring at the ceiling 'Cause I've been overwhelmed with Holding onto my mistakes

So throw me your regrets
Give me a second with them
Dissolve 'em into threads
Toss 'em out, they're never coming back again
Give me everything
You know I won't settle for less
Dissolve into the ether
Let me save your life again
Let me save your life again
Let me save your life again