Rip off the plastic, unpackage the madness Try to figure out what happened with rappin' People clap gats over words and beats Rap music isn't art anymore its just beef I'mma go vegetarian, keep my nose clean Get our protein from powder, feed my whole team Let the beef settle in and when atrition gets reached I'll swing for the fences, steal the damn ring Like a veteran, hoppin' on the pedestal I am so ready to, do what melle mel would do Be the opposite of a flash I'm not running the dash Motherfucker this is marathon and I'm gonna last Call me Pheidippidies, I am so sick of these No spittin' pre-written freestyle emcees See- if you ever catch me on the street And you wanna battle battle this is what I'm gonna teach Speech is my shit, and beats are my bitch Fisher price with the mic I was beating my fist So check on my dues and see if their paid Chris wallace with the knowledge hip-hops my forte And you have just entered a session of tension Hip-hop is my therapy, it's a blessing ...it's how I keep my screw tight And you better pray to something that I keep that shit screwed right [Hook x2:] Hip-hop is good, I'll 2Pac your hood Please thank the people who invented the mic (staggered) 16 spitter, no quitter I go hard Power from my people we're lethal, trust no god Bail out for nobody, my water is so muddy The faces they make the flow is so ugly How's he gonna two face us, act one way in the workplace Then reverse the tape Instrumental to my bee eye, you look knee high to my persona homey You don't know shit about me, keep them ears puckered Till your cochlear's pokin' ya out them chuckers Cuz' I'm off it, toss shit, off my back If I need it, pack it in my napsack Throw a label call it backpack rap Rip it off me, awfully fast then smack Consciencious- no just densely packed With a sentence I invent new rap Call it new new, doo doo Call it fuckin' poo poo Just know I got a symphony just like the effing juice crew And I killed the conductor and stole that wand But I don't need a dumbass wand! All I need is this voicebox and these beats To keep the sanity while we crumble beneath The edges hold tight to the thread that bred you Cuz' in the end you don't know just where you head to All I know is I keep asking my friends To bury this g with some beats and some headphones