I gave all my oxygen to people that could breath,
I gave away my money and now we don't even speak,
I drove miles and miles but would you do the same for me
Oh, honestly?

Offered up my shoulder just for you to cry upon, Gave you constant shelter and a bed to keep you warm. They gave me the heartache and in return I gave a song, It goes on, and on.

Life can get you down so I just numb the way it feels, I drown it with a drink and out of date prescription pills, And all the ones that love me, they just left me on the shelf, no farewell,

So before I save someone else, I've got to save myself.

I gave you all my energy and I took away your pain, 'Cause human beings are destined to radiate, or drain. What line do we stand upon 'cause from here it looks the same? And only scars remain.

Life can get you down so I just numb the way it feels, I drown it with a drink and out of date prescription pills, And all the ones that love me, they just left me on the shelf, no farewell,

So before I save someone else, I've got to save myself.

But if I don't then I'll go back to where I'm rescuing a strang er

Just because they needed saving, just like that Oh I'm here again, between the devil and the danger But I guess it's just my nature.

My dad was wrong, 'cause I'm not like my mum, 'Cause she'd just smile and I'm complaining in a song, but it h elps,

So before I save someone else, I've got to save myself.

Life can get you down so I just numb the way it feels, Or drown it with a drink and out of date prescription pills, And all the ones that love me, they just left me on the shelf, no farewell,

So before I save someone else, I've got to save myself, And before I blame someone else, I've got to save myself, And before I love someone else, I've got to love myself.