

Stop Cryin'

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So much to say but
Feels like my lips are sealed
Everything's changing so quickly
If these are growing pains, why does it feel like I'm sinking
Pretending that my heart's not breaking

It doesn't matter where I hide
I always end up lookin' inside
Listening while my heart lectures me

[Chorus]
So stop cryin'
It ain't over - so don't act like you're dyin'
If they told you it was easy they're lyin'
Only you can get up when you're down
Stop running 'cause you know you're gonna run into somethin'
Dust it off and act like it was nothin'
And get ready for the next round

So many dreams locked in a box tryin' to break free
Seems like I won't live 'til they breathe
My feet are dragging
Torn to rags feels like I'm begging
These chains are slowly killing me

It doesn't matter where I hide
I always end up lookin' inside
Listening while my heart lectures me
Sayin' you're so close to victory

These sirens are starting to scream
And I admit you've got me underneath your spell
Intoxicated by your mystery
A junkie 'cause you keep me thirsty
Sayin' you're so close to victory

So stop cryin'
Stop cryin'
Stop cryin'
Stop cryin'
Stop cryin'
Ooh dust it off and act like it was nothin'
Stop cryin'
Move on
Stop cryin'
Move on