I lie awake to the sound of it all Will it ever reach me As I wander around this hole Will the burden break me

Have the words been made to take the pain
When the truth cannot be safe
Can the truth remain when everything, everything's okay
And now the world surrounds us
Will we ever live

Now here we are, going down, down, down Will we turn this around or fall apart
Now here we are, looking down, down, down
We can turn this around; it's who we are

So I try, break habit, and fall The walls consume me Rely on having it all And it all goes through me

Have the words been made to take the pain
When truth cannot be safe
Can the truth remain when everything, everything's okay
And now the world surrounds us
Will we ever live

Now here we are, going down, down, down Will we turn this around or fall apart
Now here we are, looking down, down, down
We can turn this around; it's who we are

And all you are
You cannot fall
You move the world
You have it all
You cannot fall
You cannot fall

And now here we are, going down, down, down We can turn this around; it's who we are

Now here we are, going down, down, down Will we turn this around or fall apart Now here we are, looking down, down, down We can turn this around; it's who we are