

Anxiety

Expire

Brain melt
Note to self
Do you remember just how it felt?
Bit your tongue and you just dealt
Until it all boils over
That was your first mistake
Need I remind you
what got us here in the first place?
Anxiety
Won't let me go
So am I crazy?
Well, I don't know
I can't think straight
Anxiety gets the best of me
I take it all on the chin
Trying to figure out where the fuck it all went
Looking up from my back again