

I was trying to kick speed, so I followed my friend Steve  
We went to the chatuea, we cut up so many vegetables  
We proceeded to get high, and to my surprise  
I had achieved an appetite, all my paranoia dissolved into the  
sunlight  
I was looking for a change  
I was looking for a plan  
I was looking for some kind of healing,  
I was looking for peace of mind  
I found peace of mind,  
I found healing of body  
I found a way to kill the money demon,  
I found rest in my soul  
Believe me when I found out, what sleep is all about  
Believe me I found out what SOUP is all about  
Food not Bombs, bikes not bombs, community not bombs, heal the  
world  
Free the Land, free the weed, free our bodies free our minds.