Ooh, run from your past
Ooh, run from the future in front of you
Ooh, run, run away

At night you lie awake
Wondering about what you have become
You see an empty page
And you feel like you have to run
To a place where you can't remember
But don't be afraid and don't surrender

Run, run from your heart Run, run from all that you love Though it tears you apart It's a game you feel you must play Run, run away

Every day you drag down
Where is the hope that you held so dear
Where are the goals you made
And why can't you share this weight that you've beared
Your friends try to draw you back in
But you can't escape from where you've been

Run, run from your dreams
Run, run from the nightmare again
Don't wake up with a scream
It's only a matter of prey
Run, run away

Run, run from your past
Run, run from the future in front of you
Don't let this day be your last
You were so young to be betrayed
Run, run away

Darkness drapes around you like a cloak Whenever you try to love, the anger chokes You need to seek out the light And find for yourself that you're alright

Find a hand and hold on You don't have to walk this way alone Face the demons and let them be gone And again your life will be your own

Run, run to the truth
Run, run, wipe away the tears
Recapture your youth
Feel the pain and then let it fade
Don't run away

Don't run away
(Ooh, run from your past)
You'll fight and you'll stay
(Ooh, run from the future in front of you)
Face another day

(Don't let this day be your last)
Don't run away
(Ooh, run from your heart)
Don't run away
(Ooh, run from all that you love)
Though it tears you apart (Don't run away)
Ooh, run from your past (Don't run away)
Ooh, run from your past