Keep me alive Break!

Never once has self loathing fixed the challenges we face in th is life
Leaning towards defeat is not a mindset that will ever suffice
Stand strong, stand firm, and have some faith
You will be brought to safety
Rest your weary head

When I let this in, that all hope is gone I let these demons make bed in my home When I let this in, that I've lost it all My life is theirs for the taking

Death will not become me Death will not become me

Death will not become you

For nothing in this life has been given that you can't face For every heartbreak there is an embrace Search for safety, you will make it home Rest your weary head

When I let this in, that all hope is gone I let these demons make bed in my home When I let this in, that I've lost it all My life is theirs for the taking

You're the one who let these thoughts come in and devour you You're the one stressed to the point of wondering, is there any thing you can do?

There is nothing holding you down but your own doubt

Break free and believe

When I let this in, that all hope is gone I let these demons make bed in my home When I let this in, that I've lost it all My life is theirs for the taking When I let this in, that all hope is gone I let these demons make bed in my home When I let this in, that I've lost it all My life is theirs for the taking

Keep me alive!