I've been wearin' my fingers down to the bone,
Just pushin' your number on the telephone.
I chewed up the rug, knocked a hole in the wall,
But your line was busy everytime I call.
Remember the shots that we took last night?
Polaroid Woman sure treat me right.
But right now I'm down on my knees,
I need your nervous release,
Your nervous release.

I had a long hard day and now my nerves are on edge, Like I just stepped back from a window ledge.

I smoked too many straights, too much caffeine, Feel like I'm burnin' bad gasoline.

IBM Woman, now I've got a hunch, You're too wound up from operating that punch I'll hang up the phone, grab the keys, I need your nervous release, ah yeah.

I woke up at noon, I should've stayed in bed.
I checked my level, it was in the red.
I swear I heard voices, there was no one around,
An ice-cold shower couldn't cool me down.
I used to brag about my nerves of steel,
Heavy Metal Woman just can't be real!
Cool me down by degrees,
I need your nervous release.
N-n..n- n- ...

I'm as nervous as a man could be,
Full of guilt and insecurity.
Too much work, man it's killing me!,
Like a mad dog howling through the trees,
I need your nervous release, your nervous release.

N-n..n-n..n-nervous release. N-n..n-n..n-nervous release. Oh baby, oh baby... Alright!