I locked up my heart and I put on a show
I let the busyness of life be a wall so nobody gets close
Well I got a lot done, yeah, I'm so type A
But I'm finding arm's length is a safe but lonely place

So I'm gonna choose to reach out
Choose to lay down
All of the fear that I've been hiding
Choose to be brave
Though my heart's afraid
To be a part of Your Kingdom rising, oh
God, I'm done running from
The reason that You sent Your Son
So I will choose to love

Well it's always a risk and it's always a dare
But it's a far more dangerous thing to listen to fear
But it's a beautiful thing to know and be known
Yeah, there's a whole lot of life outside of my comfort zone

I'll choose to trust
Oh God, let my heart be tender in a world so tough
I'm gonna choose to love

I'm gonna choose to reach out
Choose to lay down
All of the fear that I've been hiding
Choose to be brave
Though my heart's afraid
To be a part of Your Kingdom rising, oh
God, I'm done running from
The reason that You sent Your Son
So I'm gonna choose to love
Maybe I'll hurt, maybe I'll bruise
Maybe I'll cry, maybe I'll lose
Still I will choose to love