One man standing on the plains of Abraham watching a damaged su nrise

One man standing near the edge of a quiet breakdown

I watch the sea
It helps to anchor me
I watch the sea
It helps to anchor me

Once you start hiding, you keep on hiding 'till your paranoia c alms down

Once you start watching, you keep on watching until you're tied up and you're spell-bound

Just between the ice ages, anyway
I want to talk, but I haven't got too much to say
I don't mean to be so nihilistic
Forgive me if I seem to be too realistic

Once you start running, you keep on running 'till your muscles start to break down
Once you start falling, you keep on falling 'till you hit the cold, cold ground

I watch TV
What do you want from me?
I watch TV
What do you want from me?

Just between the ice ages, anyway
I want to talk, I haven't got enough to say
I don't mean to be so nihilistic
Forgive me if I seem to be too realistic

Once you start hiding, you keep on hiding 'till you feel you're safe and sound

Once you start watching, you keep on watching 'till you're tied up and you're spell-bound

I watch the sea
It helps to anchor me
I watch the sea
I saw it on TV