Anxiety

Goldfinger

So you've be thinkin' about it You think that you've got the answer now And you've been praying about it You've asked him to remove your fear right now

So you analyze it you think you have control Then you realize it's time that you let go

It's not your time, yeah.
Feel it all and know
it's not your time, yeah.
Feel it all and know that this will pass.

So you can cry about it. The tears can help you heal inside. I know you lost your mind now, and you just tell yourself to hide.

So you analyze it, you think you have control. Then you realize it's time that you let go.

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It's not your time, yeah.
Feel it all and know
it's not your time, yeah.
Feel it all and know that this will pass.
Yeah, yeah.
Know it's not your time.
Know it's not your time, yeah, yeah.