Look in yourself, yeah, every day

Look at the trees
How their leaves are blowing away in the sky
Listen to the birds
How they're singing away their time
Even when you're feeling weary, tired and low
All you've got to do is
Relax and play it cool

Look at the grass
How it makes your lawn look pretty
Look at the flowers
How it makes your gardens look pretty
Even when you're feeling weary, tired and low
All you've got to do is
Give thanks and praise to God, any day, yeah

One day! Yeah, eh I know

Even when you're feeling weary, tired and low All you've got to do is Relax and play it cool

Look at the trees
How their leaves are blowing away in the sky
Listen to the birds
How they're singing away their time
Look at the birds
Yeah ah, yeah ah, yeah ah
Look in yourself, yeah
Each and every day