

Sometimes the conflict's enough to break us  
Make us all throw the towel in  
But at the end of the day it empowers  
And shows the strength within  
Low in this labor of love lurks heartache  
Despite the best laid plans  
It'd end up being a useless mistake  
To turn our backs on this band  
Stressfest, heading in headlong  
I'm right, you're wrong  
But still we get along  
Rest stop, everybody out  
The bouts, the doubts  
We just can't live without  
In the stressfest  
Yeah, I could find better thing to do with  
Such short spare time  
But there's a ghost and he'd  
Hang there haunting  
He'd wear me down over time  
But in the pit of my very being  
To old ways I'd revert  
Because the beauty is in the seeing  
The big picture's worth  
Stressfest, heading in headlong  
I'm right, headstrong  
But still we get along  
Stressfest, heading in headlong  
I'm right, you're wrong  
But still we get along  
Rest stop, everybody out  
The bouts, the doubts  
We just can't live without