Heavy heart think of yesterday And you're torn apart thinkin' of the ways Easier to smile more than today Love grew wild

Heavy heart like a perfect stranger And you make it hard Takin' all the blame Still you hear the sound callin' your name Trouble's callin' down so heavy

Turnin' around
It's pressin' me down
Heavy heart
This time I find
It weighs on my mind
Heavy heart

It's just like you to take it all so far
Then you feel abused
And wonder who you are
Everything you've done
Anything you start
Can turn and run

Ain't it true? It's only just a stage Give it room, start an empty page Get back in the game, do it your way You don't have to play so heavy

Turnin' around
It's pressin' me down
Heavy heart
This time I find
It weighs on my mind
Heavy heart

When your heart is strong
It leads you on
But when it breaks you
It devastates you for so long

Turnin' around
It's pressin' me down
Heavy heart
This time I find
It weighs on my mind
Heavy heart

Turnin' around
It's pressin' me down
Heavy heart
This time I find
It weighs on my mind
Heavy heart