

# This Humanness

Heather Nova

You tell me that you need me, then you walk away  
The words inside my head are not the things I say  
The grass all wet with dew, the light reflecting me in you  
But still we cannot see

This humanness in us  
Can we take it, can we make it  
Something beautiful to touch?  
Is there life beyond the sky?  
Does it matter if we fly?  
Or is it enough to be  
Simply as we are?

We are this humanness is us

And some would chase the dragon when they're feeling weak  
And others hide in silence when they long to speak  
The shame is just the pain, carried all these years  
Lodged within the tender heart

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We are this humanness  
This crazy mess  
I love this humanness in us

I walk along the shore to feel the biting wind  
I know that I want more, I want you to let me in  
The shores outside the waves, the deeper blue  
I long to find the depths of you

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Is there life beyond the sky?  
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We are this humanness  
This crazy mess  
I love this humanness  
This crazy mess, this humanness

This fucked-up crazy mess  
This humanness of us