[Beginning of James Brown's "It's A Man's World" plays then switches to Grov er Washington Jr.'s "Mister Magic" mixed with samples of Lyn Collin's "Think About It"]

Tic-tac, toe'n, three in a row and privilege Sit back, relax, listen to a pro and As I start goin, blowin, flowin, and showin MCs' - that I am the capital H-E-A-V-Y-D-sin This is my yard, better get my? preason? No discontent cause I'm all about pleasin Ladies come to me because, they love squeezin If you don't see me, I'm probably skeezin! Eaaaaaaa-zy desert on the smooth tip As I get loose, kinda like I say rip this Format of my rap, listen to direction Six foot three, with a manila, complexion Dance - shake, rock, roll Heav is in the house I got total, control I'm a inject, respect, collect a fat check Heav is in effect - but you ain't heard nuttin yet!

How could I explain to ya - the Heavmania Tryna figure eight or make it simple and plain to ya Hmm, I'm the Heavster, a rap register That flows with cash so fast you can't measure the Intent of content that I rep-re-sent The format of my rap from past to present tense Girls they adore me, they scream for me Fellas get jealous cause the ladies won't ignore me Ov-er-weight Lo-ver MC H-E-A-V-Y-D, rap champion Ask Nick and Damian Joe Black, Pete Rock, Billy Bob and they'll explain to ya Who is the greatest, the biggest, the baddest! (baddest!) They won't front, they know the Heavy D. status My favorite, old time group came Gladys Knight & The Pips and, love "Flip" Wilson The Great Houdini was my, favorite magician Sit back relax, cause Heav is on a mission I'm a inject, de-tect, dialect, disect, direct Heav is in effect - but you ain't heard nuttin yet!

Aiyyo back up, don't even press up, it's time to set up
The staaage, and I won't let up, 'til y'all get up
Or respect whet we inject, so come correct
Heavy D.'s in ef-fect (fect) - but you ain't heard nuttin yet!
Wreaka, no half-stepper, rhyme veteran
Ripper, Moet sipper, cause I'm better in
This hand, even that and, a matter of fact
You wanna know the place to be, the place to be is where Heavy's at
I soar without a fall, cause I'm courageously standing
I'm in demand, and on the stage I be better
With Eddie F., he's right back at me
The Boyz are to the left and the right, you know we gotta be
Cor-rect as we expect, you too accept our subject
That we direct, to all turtleneck rappers who seem upset
Heavy I bisnisky in effect (FECT) - but you ain the new out in the position on line!