Hey!

Ready for the big time, ready for the small Whatever's comin' to me, I'll be ready for it all Sometimes it ain't easy, sometimes its not polite Some days I don't get it, some days I get it right

[Chorus:]

It's in my heart, it's in my head Thats what i said

Hey Boys are you ready for the shock I'm living proof, the girls can rock Spread the news around every single block Hey boys, the girl can rock

Standin' in the spotlight workin' up a sweat Givin' all i got and lovin' what i get I can't hold back what i feel inside and if i make you nervous, you better step aside

[Chorus]

The girl can rock
Don't say maybe or call me 'baby'
I ain't crazy at all

[Chorus 2x]

I'm gonna live it up
I'll never give it up
I'm gonna spread the news around the block
It ain't no shock...the girl can rock [3x]

Yeah, Rock!