The foot which steps with measured tread Receives instructions from your head It's the body song It's the body song

The leg, a source of much delight Which carries weight and governs height It's the body song It's the body song

The flesh we've got beneath our skin Is what we keep our feelings in It's the body song It's the body song

Manipulation has its charms
For fingers, hands and also arms
It's the body song
It's the body song

Dreams of joy and songs of pain Come well inside the brain's domain It's the body song It's the body song

The sight of smiles upon the face Gives hope for all the human race It's the body song It's the body song

The mysteries that most perplex
Are heart of love and soul of sex
It's the body song
It's the body song

What bodies need in general terms
Is food and clothes and free of germs
It's the body song
It's the body song