I wrote my mother yesterday 'cause I had some things that I had to say

And I know that when she reads them she's gonna cry
But in the end I hope she sees
That I'm just trying to break free

'cause I've been walking 'round with secrets now, too long

Back when I was barely ten Mom brought home a new boyfriend And I know that times were bad and he made her feel good But one night he climbed into my bed And he left me wishing I was dead And I've been walking 'round with secrets now, too long

You say I'm digging up the past and it's not wise to go back But for me it's just as close as yesterday
And I'm not the kind for breaking rules
And I'm not wanting to be cruel

I've just been walking 'round with secrets now, too long

All my life I've felt ashamed, 'cause I thought I was the one to blame

And I vowed to God that no one else would ever know How he crushed my childish pride
And left me tears that never dried

And I've been walking 'round with secrets now, too long

You say I'm digging up the past and it's not wise to go back But for me it's just as close as yesterday
And I'm not the kind for breaking rules
And I'm not wanting to be cruel
I've just been walking 'round with secrets now, too long

And I've just been walking 'round with secrets now, too long