

# Don't Do Me No Harm

Jackie Lomax

When you have ceased to judge  
Then can you criticise  
When you no longer bear a grudge  
Then can you sympathise  
When you have ceased to fight  
That's when your hearts reveal  
If you do wrong to do right  
Tell me, how can you heal

Don't do me no harm  
Don't do me no harm

When you have ceased looking down  
That's when you start to climb  
When you no longer wear a frown  
You will begin to smile  
If you have hurt and hurt yourself  
And you know how your tears release  
Why don't you make war on the thought itself  
And we all shall know peace

Don't do me no harm  
Don't do me no harm