My doctor told me I was not a machine
She told me that I better let off some steam
But I didn't hear a word she said
There's too much pressure building in my head
When I got to go, I got to go
So I thought I'd let you know

Gotta get this out of my system Gotta get this out of my system Gotta get this out of my system

Some people say that life is better with eyes closed They'll tell you there's nothing nobody knows
But it's getting a little out of hand
The more I hear the less I understand
Used to be so silent now I'm not so sure
Got so overloaded I can't take it no more

Gotta get this out of my system Gotta get this out of my system Gotta get this out of my system

Before you watch your man explode

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Tear deep between you and me
All night dynamite can't you see
Just sit back and enjoy the show
Cause I'm a human pressure cooker
And I'm about to blow, yeah

Now there's a lot of talk but I'm not listening I'm hoping there's a point that we're all missing And all I really know
Is one day we all got to go
But before it's all over and done
I'm about to have me some fun yeah

Gotta get this out of my system
Gotta get this out of my system yeah
I got to
Got to got to
I got to
Got to get this out of my system
Gotta get this out of my system
Gotta get this out of my system
Before you watch your man explode