## **Breathe Me**

## **Jasmine Thompson**

Help, I have done it again
I have been here many times before
Hurt myself again today
And the worst part is there's no one else to blame

Be my friend
Hold me, wrap me up
Unfold me
I am small and needy
Warm me up
And breathe me

Ouch I have lost myself again
Lost myself and I am nowhere to be found,
Yeah I think that I might break
I've lost myself again and I feel unsafe

Be my friend
Hold me, wrap me up
Unfold me
I am small and needy
Warm me up
And breathe me

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